

CADDIS Trout Day

CADDIS in conjunction with AGFC will hold the third annual Trout Day on Saturday, Dec. 6. This is held at the Pleasant View Park pond just off Highway 7 north of Russellville. The official time is 9:00 to 12:00 but CADDIS folks and AGFC show up early to help set up and deal with the early bird crowd.

AGFC stocks the pond with plenty of trout for the Trout Day crowd. They will then restock the pond with several hundred more rainbows at least monthly until the weather warms too much to support trout sometime in the spring. Many CADDIS members and the general public take advantage of this novel experience of catching trout right here at home throughout the colder months.

Years past have each drawn upwards of 300 participants: kids of all ages and adults of all ages. We see grandparents with all the grandkids, whole families, single moms with a child or two and many sorts of combinations show up to try their hand at this trout fishing thing. We get a chance to do everything from helping beginners and encouraging the fishless to giving impromptu fly fishing lessons, generally spreading good will and making new friends.

Participants involved in the How to Fish session put on at 6:00 at the Hughes Center

Tuesday Dec 2nd can turn a verification ticket for a good rod and reel set at the Saturday Trout Day.

Here is one of our great chances to help, guide and influence our neighbors interested in trout in particular and a neat outdoor experience in general.

Please find the time to help both at the How to Fish clinic and on Trout Day. It's good for all of us.

Dan

Monthly Meeting

Monthly meetings are held on the second Monday of each month at All Saints Episcopal Church 501 S Phoenix in Russellville at 7:00 PM. The Board meeting begins at 6:00 PM.

Fly Tying

The fly tiers meet every Monday except the Monday of the monthly meeting at All Saints Episcopal Church 501 S Phoenix in Russellville. We begin at 7:00 PM.

Come on down to tie, tell your latest fish story, or just be around other folks who also have this fly-fishing thing real bad.

Good Fishing Links

CADDIS hits the web

Ron Schwartz is doing a bang up job putting together the new CADDIS club website. Some things he is looking for are member events and fishing photos etc.

Send the webmaster your grab n' grin pics, oldies, comments, insights, and whatever to help round out the worlds view of CADDIS.

www.caddisflyfishers.org.

Mountain River Fly shop

These folks have supported our banquets well / let them know we appreciate them.

www.mtriverflyshopstore.com

Yellowstone Revisited

Tentatively outlining a trip out west ran me into this all purpose Yellowstone Park site.

It kindles fond memories and future hopes. The only trout on our wall is an 18" Yellowstone cutt ...my sons' first trout. Caught nearly a quarter century ago before it was politically incorrect to stuff fish.

www.bestflyfishingyellowstone.com

Bass on the Page

This is not your expected bubbabassguy site. Especially check out the fly fishing for bass and smallmouth books pages.

<http://hometown.aol.com/BassBooks/index.html>

Water levels and releases

Check 'em out before you leave:

www.swpa.gov/generation.html.

There are also links on our web site, www.caddisflyfishers.org.

Southern Pond Fishing

Try this out for some new views and information on warm water fly fishing.

<http://www.fly-fishing-for-bass-and-panfish.com>

Let's Fish for Smallmouth

This site has a lot of variety and some cool videos.

<http://www.flybass.com/index.html>

CALENDAR 2008

- Dec. 1st – No fly tying due to full week of other CADDIS activities.
- Dec. 2nd – 6:00 p.m. How to Fish Clinic at the Hughes Center. All hands on deck for this one please.
- Dec. 5th – CADDIS ties at Down Town Art Walk with Jerry presiding and looking for a fellow tier or two.
- Dec. 6th – Third annual Trout Day sponsored by CADDIS in conjunction with the Ark. Game & Fish Com. 9:00 to 12:00 at Pleasant View Park. Help us help these kids fish.
- Dec. 8th – Regular monthly CADDIS club meeting. 7:00 p.m. at All Saints

Remember we tie flies at All Saints every Monday that is not a regular club meeting night.

"Angling may be said to be so like the mathematics, that it can never be fully learnt."

~by Izaak Walton, 1653~

Here is a sample of recent AGFC stocking in the local area. Now if we can just see a byline reading "Pleasant View Park, Pope Co., 100,000 catchable rainbow trout"

Dan

Almost 1 million fish stocked in state's waters

LITTLE ROCK – Arkansas Game and Fish Commission crews stocked over 856,500 fish in Arkansas lakes and rivers during October, according to Mike Armstrong

- Big Piney Creek, Pope County, 256 catchable channel catfish
- Fourche LaFave River, Scott County, 526 catchable channel catfish
- Clubhouse Lake, Yell County, 160 catchable channel catfish
- Cedar-Piney Lake, Yell County, 336 catchable channel catfish
- Illinois Bayou, Pope County, 400 catchable channel catfish
- Keeland Lake, Yell County, 316 catchable channel catfish
- Kingfisher Lake, Yell County, 316 catchable channel catfish
- Yell County Wildlife Federation Pond, Yell County, 288 catchable channel catfish



Fly Tiers Corner

Dan Terry

The Model 321



This basic old school bass streamer was billed to be as simple as 123, hence the name.

But here I will present it incorporating more modern materials which makes even simpler and probably more effective.

Back in the day most river and pond bass fishing was with a fly rod. The old timers almost always hung a tiny in line spinner out front. If this sounds like heresy just check out Dave Whitlock and Lefty Kreys' latest bass fly fishing books recently reviewed in this newsletter.

I carry a handful of these in every bass box. Just fasten them to the fly on one end and tie to the tippet on the other. This adds very little weight and a lot of glitter and vibration to almost any bass fly.

There I've admitted it and feel much better already.

Hook: Mustad 3366 or any similar wide gap type somewhere around a #2 or as large as your rod can handle.

Thread: about 3/0 in a color to match the fly.

Weed guard: 20 pound mono.

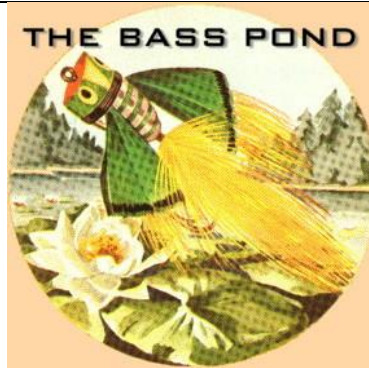
Tail/wing: marabou today in bold color contrasting combo of choice. Originally this was alternating bunches of bucktail but they don't move as well.

Body: chenille today but originally wool yarn.

Caddis fly fisher's please remember:

Let our local and national vendors know when you're buying or talking with them that we greatly appreciate their contributions.

Please let the editor know what you would like to see included or changed. The suggestion box is always open.



Winter Bass

The trip to the pond today involved temperatures in the 30's and a 15 to 25 mph NW wind. This last day of regular deer season is too blustery to enjoy even that tiny morsel.

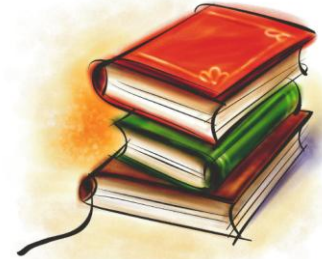
Leaving the pond boat in its winter hibernation mode due to the breeze I chose a full sinking 8 weight to slowly dredge the deep end from shore. Nothing. Burr and then more nothing. Rejection is such a lonely thing. But those poor bass have to live in this stuff. I'd be in an off mood too.

This set me to remembering how eagerly they fought over grand daughter Maddies' simple presentations over this same spot just a few months ago. Times like this must be meant to make us truly appreciate those balmy summer evenings.

Dan Terry



"It's the latest in wading jackets. They call it Stealth Design."



The Book Review

Dan Terry

Does a DVD Count As a Book?

This 1st in a projected series of fairly locally produced DVD presentations featuring southern fly fishing bears watching.

Deep South Fly Fishing, vol. 1

by Thad Bechum

BreamBugs.com -- distributor
Chesterfield, MO, 2007

120 minutes, DVD, suggested
Price \$19.95

This DVD is billed as a Motivational video about fly fishing for panfish. And it Succeeds in that it certainly will get your blood pumping to go fishing. The author shares his enthusiasm, knowledge, skills, and tips with the viewer such that anyone who can cast 30 feet can catch panfish. This DVD being done in the Deep South, where panfish grow to epic sizes, will be a real eye opener for those who have never fished in the southern impoundments and rivers. The simple system of fly patterns, rigging, and equipment is very clearly illustrated. The techniques of

finding and presenting flies to panfish are also very clearly explained and shown. The scenery is lovely and the wildlife shots are a great addition. The zest and humor of the author clearly shines in this production and will inspire any viewer to get to the water and start casting. While the script is a bit home movies like, the quality of the videography, sound, and editing are first rate. This DVD is just plain fun. With a price tag of less than twenty dollars it is also an excellent value. If you would love to just have fun and enjoy a day on the water with your fly rod and a few simple flies this DVD is definitely a must. If your fly fishing is too serious for panfish, you are even in greater need of owning and watching this DVD.



"Strange. Your fly rod looks just like the custom model I requested for Christmas and didn't receive."

"The two best times to fish is when it's rainin' and when it ain't."

~by Patrick F. MacManus~

Gear Management – Wader Maintenance & Repair

by Jim Kazakoff – Taken from the Boise Valley Flyfishermen Newsletter

I've owned my breathable fabric waders now for eight or nine years, and I have never had a problem. At least I didn't realize I had problems, but this year I've concluded that the minor dampness in my socks I have previously noticed at the end of the day--never more than a brief discomfort after removing the waders, was now a little more than minor, and was definitely more pronounced in the left foot than in the right. Yep—they leak.

I am not particularly hard on waders, as I don't fish that many days a year. (This in itself is a problem). Consequently, I have not practiced the best maintenance policies for my waders, mostly out of ignorance, and only partly out of laziness. I suspect I'm not alone. In researching a solution for stopping the leak, I have become better educated in what I should be doing as regular maintenance, and some means of repairing waders when they ultimately begin to leak.

Breathable Fabrics - How They Work

The first breathable fabrics were co-invented for the space program by Rowena Taylor, W.L Gore, and his son Robert W. Gore. The first patent was issued in

1976. The fabrics from W.L Gore & Associates have been branded as Gore-Tex. Since then there have been several other fabrics brought to market, which are used in waders and outdoor apparel, among other purposes. All work generally in the same way, with variations in how they are constructed.

In Gore-Tex fabric, a durable fabric (e.g. nylon) is bonded with a semi-permeable membrane layer. The membrane consists of a Teflon-like material that has very tiny holes--the holes are small enough that water, in liquid format, is too big to pass through the holes. However molecular water vapor is sufficiently small. Thus perspiration from your warm body when it evaporates can be passed through the breathable fabric. It is amazing that this works even when the fabric is totally submerged in water. The semi-permeable membrane material typically does not wear well, so a protective layer of thin fabric is often bonded on the inside. Some of the heavier fabrics utilize multiple membrane and fabric layers, resulting in system fabrics of four or five layers.

Unfortunately the addition of the protective layer (and presumably additional layers) can diminish the breathability of the composite fabric. Some of the other brands of breathable fabric membranes do not require or use a protective fabric layer, and

claim superior breathability. In addition, the outer layer of breathable fabrics are treated with a Durable Water Repellent (DWR), necessary for their proper breathing, which is where the maintenance of your waders comes in-- this DWR needs to be replenished.

Care and Maintenance

Storage - After a day in the river or lake, do not leave the waders wet—hang them to dry. Leaving them wet can induce mildew, and cause the seam taping to fail. If possible, and particularly for winter storage, it is best to store your waders hanging up or flat, not folded.

Cleaning - Once you understand how breathable fabric works, it becomes evident of what needs to be done to keep it working. Most important is to keep it clean. Since the breathability depends on the porosity of the membrane, any gook that clogs the pores will prevent its semi-permeability, and hence its breathability. Cleaning the Mucillin®, fly floatant, caked fish slime, or the mayonnaise from last week's outing lunch that accumulates will help keep your waders from having clammy feeling areas, where the fabric is no longer breathing.

The approved means of cleaning waders varies by the manufacturer. A label inside your waders will indicate what is appropriate for you. If you have neoprene rubber stocking

feet on your waders, this can impact the approved procedure of cleaning. My waders (Simms brand, Gore-Tex fabric) require hand washing in cold water, with powdered detergent, primarily to preserve the integrity of the neoprene boots, and the taped seams. Others that do not have neoprene or rubber boots attached may be machine laundered carefully. Check the care label on your waders.

Bad stains can be removed using pre-wash treatment such as Shout® or Spray 'n Wash®. Follow the pre-wash manufacturer's instructions, and again, check the wader care label. I suggest washing them, then repeating the wash with the legs turned inside out. I was amazed at the color of the water after a second wash. Rinse thoroughly. Hang them to dry.

Replenishing the DWR and Restoring the Breathability - If your waders feel clammier than you remember when you first bought them, it is likely the DWR coating has broken down and needs to be restored. The water repellent coating has a big effect on the breathability of the fabric. Several DWR products can be used-- Simms recommends Revivex®, and Patagonia recommends NikWax®. I used Revivex® with good results.

□ With the waders returned to inside-in, thoroughly saturate the outside fabric with the DWR.

□ Allow waders to drip dry.

□ The DWR and the fabric breathable membrane now need to be set. Oddly enough this is done with heat. If your waders do not have neoprene or boot-foot (not so many do), they can likely go into the dryer at a low heat for about an hour (check the care label). Otherwise the DWR and membrane can be set with a hair drier or an iron, dialed to low heat. I placed a thin dish towel over the waders, when using the iron. Avoid the boot or neoprene bootie attachment areas.

These cleaning and DWR restoration procedures are also appropriate for other breathable fabric products. Cabella's offers a breathable fabric maintenance kit that includes both a specialized detergent and a DWR.

Fixing the Leaks - There are several products that can be used to seal leaks. Most wader brands that I researched recommend AqualSeal®, which is polyurethane glue. Another is 3M Scientific Anglers Ultraflex®. Orvis offers a complete repair kit for their waders that includes AquaSeal®, iron on repair tape, and some fabric patches.

Minor Leaks - After a while, breathable fabric will develop pin-hole leaks, particularly in

stress areas. These can be located and repaired easily as follows, with a particularly clever trick:

- Turn the waders inside out.
- Apply isopropyl (rubbing) alcohol to areas suspected of leaking. A small spray bottle works well for this. (You may want to have a window open while doing this). Any leaks will show up as dark gray spots! The alcohol will also help clean the area.
- If this is NOT a seam leak, and you are using AqualSeal®, apply the glue immediately - alcohol does not adversely impact the glue. Dab small thin amounts on the holes. The sealant should then be allowed to cure at least eight hours. Make sure to keep the repair area clear, so that you don't unintentionally glue portions your waders together.

If you have a seam leak - bad news, most wader manufacturer's web sites I reviewed recommend contacting them and returning the waders to their service departments for repair in this situation. There are several products available, such as Seam-Seal, for sealing fabric seams on nylon tents, etc. However I have not used them, and I would be cautious in their use on waders.

Holes, Rips, and Tears - For locating larger holes another recommended approach is to take the waders to a darkened room or closet and shine a flashlight inside them while watching the outside surface. For tears or larger holes, the repair area should have some supporting fabric as a patch, much like repairing dry-wall or using fiberglass. Small holes and tears can often be repaired with iron-on repair tape that is available. Orvis includes this in their wader repair kit. This tape may be suitable for other breathable fabrics as well. The procedure for repairing with the tape is as follows:

- Turn iron to low steam polyester/rayon and turn waders inside out.
- For small tears, cut a piece of the fabric tape to size and place over the hole, white side down.
- Press with iron for 10 seconds. Rub with a cool piece of fabric to set.
- For larger tears, cut a piece of the wader fabric patch to size and place over tear, gray side up.
- Cover edges of patch with heat tape, white side down. Press with iron for 10 seconds and rub with cool fabric to set.

Patching large holes and tears - if you kept the small patch of

breathable fabric that came with your waders - perfect. Otherwise a piece of nylon stocking can be used. The patch can be placed on the inside, outside, or both.

- Place paper, wax paper, or some plastic behind the area to be repaired, to keep the glue from going where it shouldn't. This can be temporarily taped in place.
- Apply a thin coat of the AqualSeal® compound to the repair area. Allow it to cure so that it is tacky (~ 5 minutes).
- Cut a fabric or nylon stocking patch the size of the glued area. It should extend well beyond the hole or tear, by about half an inch. Apply the patch to the glued area, making sure the patch area is kept as flat and smooth as possible.
- Allow at least eight hours to cure. Several passes of gluing may be required to achieve a properly smooth patch. Thin coats are better.

Field Repairs - When you are out in the field, you cannot afford to wait the hours that the urethane glues require for set up. The answer - Loon Outdoors UV Wader Repair® (Made right here in Idaho). This stuff is a trip-saver, and no tackle bag should be without a tube of it. Apply to the damaged area of the waders, then let it soak up sunshine for few seconds - the

compound is UV light activated, and will cure almost immediately. My experience has been that the compound will begin to peel away over time, but others have reported they have had no problems. I also recommend checking the tube in your gear bag as part of your yearly spring gear maintenance, as it appears the product also has a finite shelf life, and will degrade over time.

Neoprene Booties - Neoprene appears to be the weak link in waders. If you can't find a leak, but your feet are getting wet, the neoprene in the booties has probably broken down. After a lot of wear, the rubber cell walls fail, and the neoprene becomes compressed. In my waders, the neoprene in the booties has become stiff and brittle. AqualSeal® or equivalent can be used to repair neoprene as well. For larger issues, including seam leaks or bootie repair, it may require sending the waders back to the service department of the manufacturer.

Not Recommended:

- Do not fill your waders with water in an attempt to locate leaks - this can stress and blow out the seams.
- Do not use chlorine bleach or dry clean.
- Do not put waders with neoprene in the dryer. Avoid heat.

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